

Appendix 1

All of the following data is from CQRS and has been reported by Dorset CCG Primary Care Team.

2017/18 Q1:

Health checks carried out (%)	LD register size
278 (8.1%)	3421

2016/17:

Quarter	Health checks carried out 2016/17	% health checks 2016/17
1	186	5.6
2	266	8.0
3	524	15.7
4	683	20.5
Total	1659	49.8

LD register at 31st March 2017: 3329.

2015/16:

Quarter	LD register 2015/16	Health checks carried out 2015/16	% health checks 2015/16
1	2991	177	5.9
2	3043	346	11.4
3	3226	489	15.2
4	3329	860	25.8
Total	3329	1872	56.2

2013/14 and 2014/15:

Local Authority Area	LD register 2013/14	Health checks carried out (% of LD pop.) 2013-14	LD register 2014/15	Health checks carried out (% of LD pop.) 2014-15
Dorset	1591	61.3%	1799	50.3%
Bournemouth	851	79.1%	1010	58.7%
Poole	783	61.3%	912	47.8%

Health checks – numbers needed to achieve target:

2017/18 Q1 LD register	60% target	75% target
3421	2053	2566

Appendix 2

Practice Manager Learning Disability Health Checks survey

Dear Practice Managers,

People with learning disabilities have poorer health than the general population, yet are less likely to access healthcare. The introduction of annual health checks for people with learning disabilities is designed to:

1. Improve health outcomes for people with learning disabilities.
2. Help identify and treat medical conditions early.
3. Screen for health issues particular to people with LD and specific conditions.
4. Improve access to generic health promotion in people with LD.
5. Develop relationships with GPs, practice nurses and primary care staff particularly after the comprehensive paediatric care finishes at the age of 18.

The aim of this survey is to understand how annual learning disability health checks are carried out in Dorset. The CCG will use this information to develop support for GP practices to improve health checks delivery. This support might include training for your staff and support from your link worker from the Community Learning Disability Team to encourage more people to attend a health check appointment.

Please complete this survey for your practice by **Friday 27th January 2017**.

Guidance on the learning disability annual health check is available from the Royal College of General Practitioners here: www.rcgp.org.uk/learningdisabilities.

Thank you for your support,
Dr Paul French, Clinical Lead, Mental Health and Learning Disabilities.

Questions:

1. Please tell us the name of the GP practice where you work:
Free text box.
2. How do you identify patients with a learning disability and complex health needs for inclusion on your learning disability health checks register? (rank options below with 1 being most relevant to your GP practice):
 - a. Our practice staff find out by asking the person with a learning disability or their carer;
 - b. Our practice staff find out by checking people's health record
 - c. The person or their carer tells us that the person has a learning disability
 - d. Our link health professional in the Community Learning Disability Team notifies us;
 - e. The local authority social care team notifies us;
 - f. We don't identify patients with a learning disability and complex health needs
 - g. Don't know.
 - h. Other comments (free text box)
3. How often do you check the accuracy of your learning disability register? (tick one answer that best fits your situation):

- a. Every: 0-6 months;
 - b. Every 6-12 months;
 - c. Every 1-2 years;
 - d. Every 2 years plus;

 - e. We create a new register every year;

 - f. We don't routinely check the register for accuracy;

 - g. Don't know.

 - h. Other comments (free text box)
4. Do you check patients records to make sure that they have been invited to have an Annual Health Check? (select one answer)
- a. Yes, routinely
 - b. Sometimes, not routinely
 - c. No
 - d. Don't know
 - e. Other comments (free text box)
5. How does your practice invite patients for a learning disability health check? (select all that apply):
- a. By contacting the person with a learning disability to arrange the health check
 - b. By contacting the person's carer or family to arrange the health check
 - c. By contacting the person's link professional to arrange a health check (e.g. social worker / health professional / other professional).
 - d. When the person with a learning disability or their family or carer asks us to book a health check
 - e. We don't invite people for health checks
 - f. Don't know
 - g. Other comments (free text box)
6. What information about health checks do you provide for people with learning disabilities or their family or carer? (select all that apply)
- a. A health check invite letter (not in easy read)
 - b. A health check invite letter (in easy read)
 - c. Easy read information about health checks
 - d. Other easy read information about health
 - e. Other comments (free text)

7. What reasonable adjustments does your practice use to support people attending the learning disabilities health check? (select all that apply)
- Organising health check surgeries at quieter times
 - Ensuring patients have a representative to support them during the health check (if required by the patient)
 - Longer appointment times
 - Providing easy read information about the health check / health issues
 - Preparing communication methods to suit the person's needs
 - Improving the environment with calming/distraction music or activities
 - Using the persons Yellow Health Book to understand their needs and update their health action plan
 - None
 - Don't know
 - Other (please give details) (free text box)
8. What template do your staff use when carrying out health checks? (select one answer only)
- Cardiff Health Check
 - GP practice template on computer system
 - Other (please give details) (free text box)
9. What guidance and support is available for primary care around delivery of learning disability health checks that you are aware of? (Free text box)
10. Have any staff at your practice had training about the needs of people with learning disabilities and how to support them? (select all that apply):
- Yes, in the last 12 months; given by people with a learning disability
 - Yes, in the last 12 months; **not** given by people with a learning disability
 - Yes, in the last 3 years, given by people with a learning disability
 - Yes, in the last 3 years, **not** given by people with a learning disability
 - Yes, longer than 3 years ago; given by people with a learning disability
 - Yes, longer than 3 years ago; **not** given by people with a learning disability
 - No;
 - Don't know
 - Other (please give details) (free text box)
11. What do the staff at your practice find difficult about delivering learning disability health checks and what would you like more help with?
Free text box.
12. Do you know who your link health professional in the Community Learning Disability Team is? (One answer only):
- Yes;
 - No;
 - Not sure

13. Have you heard of the Mortality Review process for people with learning disabilities (LeDeR)?
More information is available here: (<http://www.bristol.ac.uk/sps/leder/>) (one answer only)
- a. Yes;
 - b. No;
 - c. Not sure

14. Please give us contact details for a health checks lead at your GP practice:
Free text box.

Thank you for completing this survey.

All questions are optional.